Audrey is known to say that she has been a Presbyterian since before she was born! Her parents met at a post-high school group at Sherwood United Presbyterian Church in West Philadelphia and married there during WWII. She was raised in the near suburbs of Philadelphia, attended Maryville College and graduated from Temple University with a BA in Sociology and Religion. Her parents' values inspired and supported her in civil rights activism in the 60's and her continued involvement in social justice issues. She earned a MS in Counseling at the University of Wisconsin-Milwaukee and completed additional course work in clinical counseling at Hopkins. As a career counselor working with adults in higher education and consulting settings, she was involved with career and employment coaching, management development, workplace communication and conflict resolution, and diversity training.

After college, she married and lived in Wisconsin, then moved to Baltimore in 1978. She joined Faith Presbyterian Church in 1983 and has been an active member ever since. A Ruling Elder since 1985, she has chaired and been a member of various committees. She currently heads Faith's Cuba Partnership team and is a member of the Social and Environmental Justice Committee. Her service to Baltimore Presbytery includes current membership on the Presbytery Cuba Partnership team, the Commission on Reconciliation and the Committee on Local Arrangements for the 2020 General Assembly. She is also a member of the Steering Committee of the national Cuba Partners Network.

Now retired, Audrey is the parent of an adult son and daughter and five grandchildren, all of whom live in Baltimore. She is married to John Trapp, parent of three adult children and five grandchildren - making a grand total of ten grandchildren, ages 2 - 21! She enjoys yoga, book clubs, cooking, theatre, travel, jazz and classical music, and time with family and friends.